



BEST WARRIOR COMPETITION 2009

Competitor Biography



Spc. James D. Holmes
U.S. Army Forces Korea
Soldier of the Year

Current Unit of Assignment:

C Battery, 4th Battalion, 5th Air Defense Artillery,
Waegwan, South Korea

Time in Service: 2 years

Spc. James D. Holmes serves as a 14T10, Launcher Crew Member with C Battery, 4th Battalion, 5th Air Defense Artillery at Camp Carroll, South Korea. He is Combat Lifesaver and Combatives Level 1 certified.

Holmes' military awards and achievements include the Army Commendation Medal; Army Achievement Medal; National Defense Service Ribbon; Global War on Terrorism Expeditionary Medal; Korean Defense Service Medal; and Army Service Ribbon.

He graduated from the State University of New York – Cortland with a bachelor's degree in mechanical engineering in 2007. Holmes is a native of Oneida, N.Y.

